



129 University Blvd., Suite A • Harrisonburg, VA 22801  
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## PRESURGICAL INSTRUCTIONS LIST

- Do not allow your child to have anything to eat or drink after midnight the night before the appointment.** This is imperative to avoid life threatening complications during treatment; nothing should go into your child's mouth after midnight (no gum, candy or mints and do not brush their teeth the morning of appointment). Please keep your child under your direct supervision - DO NOT allow them to attend school or day care on the day of the surgery.
- You must have the ENTIRE SURGERY DAY available. We will assign you a check-in time 3 days before your surgery date. We may call you again on the day of surgery to adjust your time. You must be available to come in before or after your check-in time as needed.
- A parent or legal guardian **MUST** accompany your child for this appointment. An additional adult would be helpful in assisting you with your child.
- DO NOT bring any other children with you to your child's appointment. Please make appropriate childcare accommodations for your other children.
- Please make appropriate transportation arrangements; you and your child cannot use public transportation or medical shuttle services. You and the vehicle that you arrived into the appointment MUST stay at the office for the entire length of the visit. You MAY NOT leave to run errands while your child is having surgery.
- Per Virginia State Law, you must have the proper child restraint device in your vehicle for transporting your child home after your appointment. Child restraint devices are required for children through the age of 7 (until the 8<sup>th</sup> birthday). Safety seats MUST be properly used and approved to meet the Department of Transportation standards per the Code of Virginia Chapter 10 Article 13.
- Report any change in health status of your child to our office, this includes any visits to the doctor's office. Coughs, colds, flu, fever, nausea, vomiting, ear infections etc. may require the postponement of surgery. It is unsafe to proceed if illness exists.
- Report any exposure to head lice by your child or an immediate family member immediately to the office.
- Please dress your child in something comfortable that is easily removed. The shirt should be short sleeves and the waistband should be elastic or drawstring. No jeans or footed pajamas. Please bring a change of clothes and undergarments in case your child soils their clothes. If your child still wears a diaper or pull-up at night, please put one on them for the procedure.
- On the morning of surgery, give your child only those medications which have been discussed with us and approved. Use one small sip of water and administer before 7 am.
- Have Children's ibuprofen (Children's Motrin) and Children's Tylenol (acetaminophen) at home in the event your child needs pain medication after surgery.
- The expected dental co-pay amount is due as a non-refundable deposit to reserve your child's anesthesia date.
- Significant preparation and time is required to treat your child. If you fail to follow these directions, if you fail to bring your child to the appointment or if we can't contact you to confirm the appointment, **your child's surgery will not be completed and will not be rescheduled by this office.**

IF YOUR PHONE NUMBER CHANGES, NOTIFY THE DENTAL OFFICE AT (540) 432-1300 IMMEDIATELY! WE NEED TO CONTACT YOU ON SEVERAL OCCASIONS TO DISCUSS THE SURGERY WITH YOU. **IT WILL BE YOUR RESPONSIBILITY TO CONTACT OUR OFFICE 48 HOURS PRIOR TO THE SURGERY TO CONFIRM THIS APPOINTMENT, OR IT WILL BE CANCELLED.**

*My signature affirms that I have read and understand all of the pre-operative instructions and have had the opportunity to have all questions answered to my satisfaction.*

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Signature

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Date